

Some of the Official Days, Weeks and Months Relevant for Chronic Inflammation

March

- Colorectal Cancer Awareness Month, Natl

April

- Cancer Control Month
- Rosacea Awareness Month
- Defeat Diabetes Month

National Oral Health Month

May

- Allergy/Asthma Awareness Month, Natl
- Arthritis Awareness Month
- Fibromyalgia Education and Awareness Month
- Stroke Awareness Month, Natl
- Women's Health Care Month

National Women's Health Week - 1st Week in May

National Lupus Awareness Month - May

National Osteoporosis Prevention Month - May

Family Wellness Month - May

National Employee Health & Fitness Day - 3rd Wednesday in May

National Senior Health and Fitness Day - May 26

August

Psoriasis Awareness Month - August

September

World Alzheimers Day - September 21

Healthy Aging Month - September

October

National Health Education Week - 3rd Week in October

Family Health Month - October